

HEALTH ALERT Important Coronavirus Update

LifeStream is taking every measure to protect our staff, consumers and communities during this difficult situation. The news reports and uncertainties concerning coronavirus disease 19 (COVID-19) have many of us feeling anxious. LifeStream is closely monitoring information provided by key government, regulatory and local entities. In the interest of protecting the health and safety of our consumers, staff and our community, the following program information is provided.

Facility Services and Programs

At this time, our facilities and programs are fully operational. We are monitoring consumers and staff for symptoms. We are taking proactive steps to keep our consumers and team members safe while serving the critical needs of our community. We are actively monitoring and responding to all recommendations made by the CDC and our local regulatory and health authorities.

Our Facilities Team continues to deep clean our lobbies, offices and common areas and high touch surfaces regularly.

Crisis Services/Admissions

Crisis services will remain available 24/7 at our Access Centers located in Lake and Citrus Counties. If you are in crisis, please call our hotline at 1-866-355-9394 or our hospital at 352-315-7800.

We are actively working with our referral sources to ensure all necessary medical precautions are taken prior to any new admission. We have instituted protocols to provide staff with the tools and knowledge to avoid exposure to the virus.

Consumer Services

If you have an appointment, please plan to keep it unless you have a cough, fever or other respiratory problems. Out clerical staff may contact you the day before your appointment to do a phone screen and to check on your wellness. You may contact your outpatient clinic if

you have any questions or concerns regarding your scheduled appointment. All consumers will be screened for symptoms and have their temperature checked prior to entering any LifeStream facility

We have distributed additional information for all employees on handwashing and hand sanitation.

Limited Visitation

In order to protect our consumers and staff, the following is in effect until further notice:

All in-person visitation has been suspended at all LifeStream's inpatient and residential programs. Our consumers will be able to talk to their families and support systems telephonically.

Prevention

The CDC recommends individuals and families follow everyday preventative measures, such as:

- Covering coughs and sneezes with a tissue, then disposing of the tissue in the trash.
- Washing hands often with soap and water for at least 20 seconds; especially after using the bathroom, before eating, and after blowing your nose, coughing or sneezing.
- If soap and water are not readily available, use of 60-95% alcohol-based hand sanitizer is recommended.
- Routinely clean frequently touched surfaces and objects.
- Stay home when you are sick or experiencing symptoms such as cough, fever or other respiratory problems.

The CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory illnesses, including coronavirus. You should only wear a mask if a health care professional recommends it or if you have the virus and are showing symptoms.

Thank you for your cooperation and for being an advocate for the health of your loved ones and all consumers in our care.

Thank you,

Jonathan M. Cherry President/CEO LifeStream Behavioral Center

Helpful websites with information about the Coronavirus

Center for Disease Control (CDC Main Page): CDC Coronavirus

(CDC): <u>How to protect yourself</u>

(CDC): What to do if you are sick

Psychology Today: How to talk with your kids about the coronavirus outbreak

National Alliance for Mental Illness (NAMI): Tips for people with Mental Illness