

*LifeStream*



# Mental Health Matters



*Celebrating 45 years of "Bringing Hope to Life"*

## **LifeStream Behavioral Center** Annual Community Report Fiscal Year Ending 2016

Vision: To Bring Hope to Life

Mission: Supporting Recovery, Promoting Health, Creating Hope

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# Message to Our Community



**Jonathan M. Cherry**  
President/CEO



**Tim Morris**  
Chair, Board of Directors

For the past 45 years, LifeStream has devoted itself to being a place “Where Hope Comes to Life”. The thousands of individuals we served this past year often came to us despairing of life. They had been diagnosed with a serious mental illness or they were addicted to alcohol or drugs or both. Many weren’t able to work or had lost their jobs. Many suffered from chronic health problems such as diabetes, heart disease and hypertension. Nearly a third were children and a large number elderly.

During the past year, LifeStream continued to expand its programs in order to ensure that appropriate services are available in our community. We recently received funding to enhance our centralized receiving system, a one stop shop for anyone struggling with a behavioral health issue. We added state-of-the-art residential and inpatient treatment services for persons who are experiencing a mental illness and battling addiction, and are in the process of creating mobile crisis teams to divert persons from unnecessary hospitalization or incarceration. We expanded our Wellness Integration Network clinics to two new locations, in keeping

with our commitment to holistic and comprehensive health care.

We did all of this and more because of the support of our many partners including Lake and Sumter County Commissions, School Boards, Judicial Systems and Sheriffs. Thanks to our legislative delegation, the State of Florida, Lutheran Services of Florida, Central Florida Cares, Orange County, Kids Central, and the North and South Lake Hospital Taxing Districts, we found the funds not only to continue our vital services, but, as already mentioned, expand them. And I would be remiss if I didn’t mention the LifeStream Board of Directors, who led the way, and our LifeStream Foundation Board that raised much needed funds to plug the inevitable short fall of resources needed to operate our entire system of care.

Today, countless Lake, Sumter and Orange County residents are working again, contributing in ways they never imagined to a more vibrant and thriving community, and living life to its fullest because of you and your support for LifeStream. These people aren’t some stranger you’ll never meet. Many are family members, friends, and coworkers who found healing and recovery because of a place filled with and supported by people who care enough to give what money cannot buy – hope! Thank you for being a part of what we do.

*LifeStream - “Where Hope Comes to Life”*

## LifeStream Board of Directors

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**Dr. Charles Mojock, Vice Chair**

**Michael Sleaford, Treasurer**

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**Jennifer Hill, Secretary**

**Doug Childers, Jr.**

**B. Grassel**

**Claire Hedgcock**

**Paul Johns**

**Frank Pelot**

**Bruce Saylor**

**Jon Simpson**

**Jessie Smith**

## LifeStream Foundation Board

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**Tera Townsend, Secretary**

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**Frank Pelot**

**Angie Riviere-**

**Sharron Semento**

# Fiscal Year 2016 Accomplishments

Won bid for a new State grant to enhance our Central Receiving Facility at Tally Road in Leesburg. Additional programs include a 10 bed Addictions Receiving Facility, a residential 10 bed level 2 co-occurring treatment facility and additional outpatient capacity related to our psychiatric hospital.

Funded by SAMSHA for a second operations grant to expand the Wellness Integration Network (WIN), providing primary care at our behavioral health clinic in Clermont. Also expanded primary care to Umatilla in partnership with the Lake County Health Department.

Expanded the ten bed residential program at Anthony House to fifteen beds with new funding from Central Florida Cares. The program provides services to pregnant and post-partum women with substance use disorders.

Participated in the Florida LINC Zero Suicide project with the Florida Council for Community Mental Health, the University of South Florida, the University of Central Florida and three other behavioral health centers. The purpose of the project is to reduce the incidents of suicide in Lake and Sumter counties.

Partnered with Langley Health Center to request funding from HRSA to expand substance use disorder services in Sumter, Marion and Citrus counties. The competitive grant was approved and services began in late spring.

Increased capacity and relocated our children's Crisis Stabilization Unit to a larger facility. The original six bed facility now has a capacity of twenty beds to serve children and adolescents from central Florida.

Implemented a Tobacco Free policy for all LifeStream programs as the conclusion of our participation in the National Counsel for Behavioral Health Smoking Cessation Initiative.

United Way funding allowed a new program called Summer Blast to be offered for the first time. The program was an 8 week summer program for 8-12 year olds utilizing the second step evidence based curriculum focusing on developing students self-regulation skills, social-emotional competencies, and feelings of connectedness to others.

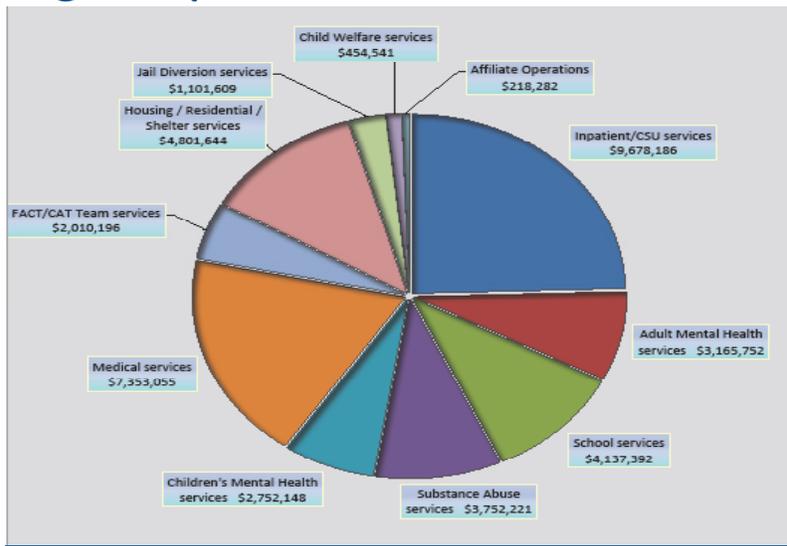
Instituted a major upgrade of the electronic medical record used by all programs operated by LifeStream after a year of planning for the myriad of changes necessitated by the Accountable Care Act.

Expanded children's services by contracting with Kids Central to provide a support overlay program for group homes serving children in the State's Child Welfare system.

***Our dedicated 600+ staff members, board of directors and volunteers are committed to our vision of "Bringing Hope to Life"***



# Agency Fiscal & Service Information



	2014-2015	2015-2016
<b>Assets</b>	<b>\$ 33,425,031</b>	<b>\$ 37,451,636</b>
<b>Liabilities</b>	<b>\$ 13,087,705</b>	<b>\$ 14,665,706</b>
<b>Net Assets</b>	<b>\$20,337,326</b>	<b>\$ 22,785,930</b>
<b>Individuals Served: 14,523 (unduplicated)</b>		

## PROGRAMS CLIENTS\* VISITS+

PROGRAMS	CLIENTS*	VISITS+
<b>Inpatient Services</b>		
Psychiatric Hospital	1,947	11,076
Inpatient Hospital Detox	517	1,687
Crisis Stabilization Unit (Children)	598	2,454
Crisis Stabilization Unit(Adult)	487	2,562
<b>Residential</b>		
Adult Choice	79	5,220
Geriatric	21	4,698
Phoenix House	16	4,366
Our Turning Point Ranch	19	2,290
HOPE House - Grove Street	8	2,928
Lake Region Homes	10	3,660
Road to Home	35	5,775
Anthony House	108	10,516
Anthony House ASA Res Level II	38	3,365
<b>Outpatient</b>		
Access Center	80	719
Adult Case Management	393	9,333
CAT	68	3,465
Children's Clinical On-Site Services (CCOSS)	254	4,655
Children's Case Management	328	12,613
Community Support & Rehabilitative Services	173	17,590
Comprehensive Assessment	52	52
Crisis Support Emergency	3,614	4,820
Florida Assertive Community Treatment (FACT)	106	34,360
Family Behavior Therapy Team	158	8,004
Family Intervention Specialists	110	784
Forensic AMH Case Management	61	1,847
Forensic Community Services Team	49	1,023
LAKE Academy	357	28,841
Our Turning Point Ranch	19	2,064
Outpatient Adult Mental Health	872	6,364
Outpatient Adult Substance Abuse	843	16,916
Outpatient Childrens Mental Health	1,058	15,219
Outpatient Childrens Substance Abuse	90	960
Physicians - Childrens	2,105	11,743
Physicians - Adult	6,384	48,715
Potentials - Intervention	227	4,423
Prevention Substance Abuse - Adult	1	404
Strong United Resilient Families (SURF)	275	3,222
Substance Abuse Case Management	42	1,280
Open Door (Homeless Drop In)	329	6,752
Supported Housing	43	1,501
Treatment Alternatives for Safer Communities (TASC) - Adult	501	5,371
Treatment Alternatives for Safer Communities (TASC) - Juvenile	843	2,771
Youth and Family Recovery (YAFR)	125	2,041
Primary Care	520	2,041
<b>TOTAL BY SERVICES</b>	<b>23,963</b>	<b>320,490</b>

\* Clients served is a duplicated count  
 + Visits are unduplicated  
**Individual Clients Served (unduplicated) 14,523**

## PROGRAM UTILIZATION - FY ENDED JUNE 30, 2016

PROGRAMS	CLIENTS*	VISITS+
<b>Mental Health</b>		
Adult	13,129	152,370
Child	5,501	87,683
<b>Substance Abuse</b>		
Adult	3,028	44,346
Child	1,310	13,417
<b>Wellness Integration</b>		
Primary Care	520	2,041
<b>Homeless Services</b>		
Anthony House	146	13,881
Open Door	329	6,752
<b>TOTAL BY PROGRAMS</b>	<b>23,963</b>	<b>320,490</b>

Funding provided by the State of Florida, Department of Children and Families, Agency for Health Care Administration, Homeless Services Network of Central Florida, Mid Florida Homeless Coalition, United Way of Lake & Sumter Counties, Lake County Children's Services Council, Orange County Citizens' Commission for Children, Community Foundation of South, Central Florida Cares Health System, Kids Central, Inc., Lutheran Services Florida, Lake and Sumter Counties, municipalities, public and private foundations, client fees and donations.

