



LifeStream

2020

Annual Giving Catalog

Giving Catalog Guide

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Every year, LifeStream touches the lives of more than 27,000 children, adolescents, adults, and seniors who struggle with mental illness, emotional problems, and substance misuse. We, at LifeStream, know recovery from mental illness and addiction is possible. However, we cannot do it alone and need your help.

Your generosity can inspire and give **HOPE** to people of all ages and from all walks of life living with mental illness or substance use disorders. Hope could be the dream of a better day; a place to call home; and a chance to belong to a community in which **Mental Illness and Substance Use is not stigmatized.**

You can make an impact by joining our **community partners** listed in this catalog who have committed to helping those who are most vulnerable receive the care and support they desperately need. Each gift in our catalog meets an urgent need in the communities we serve. By donating, you will be helping your friends, neighbors, family members and community through some of life's most difficult challenges.

Please browse through our catalog to see how you can make a difference and give the gift of **HOPE.**



Sincerely,

Sherry Olszanski

Sherry Olszanski

Executive Director of the LifeStream Foundation

352.315.7527

SUICIDE PREVENTION

Access to Care/Emergency Services/Mobile Response Teams

ACCESS CENTERS

Access Centers located in Lake and Citrus Counties are open **24-hours a day, 7 days a week** to serve those who are in suicidal crisis or emotional distress. Emergency evaluators are trained to conduct mental health and substance abuse evaluations and provide crisis intervention as necessary to address the individual's needs and/or provide connecting services.



Provide a crisis intervention assessment that can prevent longer term hospitalization and stabilize acute psychiatric and substance abuse conditions for someone in need



MOBILE RESPONSE TEAMS

For most parents, the idea of suicide is the worst possible outcome of a child's mental health or substance use crisis. LifeStream's Mobile Response Teams crisis counselors provide on-demand **24-hours a day, 7 days a week** crisis intervention services in any setting in which a behavioral health crisis is occurring, including homes, schools and emergency departments for children, adolescents, and young adults up to age 25.



Help prevent suicide and support the Mobile Response Teams ability to continue to be available to respond to our children 24/7 to assist in resolving their immediate crisis and provide follow-up care



CRISIS CARE

Crisis Units/Detoxification (Detox)/Inpatient Services

CRISIS UNITS/INPATIENT SERVICES

Sometimes persons struggling with acute mental illness may require a brief hospital stay before they can go back to their daily routines. Our hospital is a safe place that provides crisis stabilization services for adults, seniors, adolescents, and children. Physicians examine and determine appropriate treatment for each individual while hospitalized.



Help with the cost of crisis hospitalization to assist individuals return as rapidly as possible to their community

\$1,000
per day

DETOXIFICATION (DETOX) SERVICES

Drug and alcohol misuse, abuse, or addiction can devastate a life. Support and assistance through acute life-threatening withdrawal from alcohol and opioids/heroin use is an essential part of the recovery process. Psychiatric and nursing care, medication and monitoring of detoxification symptoms enables individuals to safely withdraw from addictive substances.



Help with the cost of detoxification and assist someone in their recovery process



ADDICTION/HUMAN TRAFFICKING

Youth & Adult Residential Services

OUR TURNING POINT GIRLS RANCH

Runaway and homeless youth, victims of domestic violence, sexual assault, conflict, or social discrimination are frequently targeted by human traffickers. Our Turning Point Ranch is a therapeutic group home for girls who exhibit distinct emotional and behavioral challenges. Girls are referred by DCF and Community-Based Care Agencies. Staff are trained to address inappropriate behaviors with constructive interventions that demonstrate understanding, sensitivity, and nurturance in a safe, secure place in which the girls can heal and grow. The girls are embraced by a circle of love and caring in a house that feels like a home with the goal of successful and safe integration back into the community.



Sponsor a girl in our therapeutic group home with the goal of reuniting with her family and community

\$ 125
a share

ADULT CHOICE

Substance abuse and drug addiction are complex issues. While some people might be able to break a cycle of addiction on their own, others fare much better in a structured residential treatment program. Adult Choice provides that structure along with counseling, we provide individuals with skills and health coping strategies to transition from a life in active addiction to a healthy, vibrant life in recovery.



Sponsor a resident and help them build the foundation for lifelong recovery


\$ **100**
a share

HOMELESS HOUSING/HOMELESS SERVICES

Residential & Drop-In

ANTHONY HOUSE

Homeless pregnant and post-partum women and their children who are motivated to make positive changes in their lives come to Anthony House where they receive safe, stable living arrangements with comprehensive treatment for alcohol/drug use and mental illness. Anthony House provides an environment that fosters independence and helps residents gain the life skills needed to prevent future homelessness. We believe that home is where the heart is and strive to provide a home where our resident's hearts can heal and grow.



Sponsor a mother & her children as she builds a life free from addiction & homelessness for herself & her children



THE OPEN DOOR

The Open Door is a homeless drop-in center for individuals and families who are homeless, or at risk of becoming homeless. Homeless individuals visiting the center have access to showers and laundry facilities; mailing address/phone access; food and beverages; assistance with obtaining benefits; community resources and referrals to other agencies and on-site support services.



Help us continue to provide vital services to those without homes as we help them get back on their feet and find a pathway to end homelessness



SEVERE & PERSISTENT MENTAL ILLNESS

Rehabilitative Services

AIMS PROGRAM

Achievement, Independence & Mastery Skills (AIMS) is a place where those with severe mental illness can come five days a week. The program is designed to improve the quality of life for severely mentally ill persons over the age of 18. Consumers learn skills needed for independent living, such as medication management, pre-employment, health maintenance, social skills and use of community resources. Members also share experiences, strengths, and hope with each other.



Provide assistance for those who suffer from severe mental illness and depend on this program to help them maintain independent living in their community



ADULT & CHILD CASE MANAGEMENT

LifeStream provides mental health case management to children and adults who are experiencing behavioral, emotional, and mental health difficulties. Our focus is to assist adults, children, and families who encounter mental health and behavioral challenges, by providing in-home services to assure that every individual's needs are addressed. Case management is one of the major types of community aftercare that is used to provide ongoing management of chronic or recurring illness.



Provide a safety net that helps to catch people who are in trouble and need intense in-home services to maintain their stability in the community and prevent future hospitalizations



CHILD BEHAVIORAL CHALLENGES

“Every child deserves to be happy!”

CHILDREN’S SERVICES

**Community Action Team/Children’s Clinical Outpatient
Turnabout/Potentials/Youth and Family Recovery/Juvenile-TASC**

Sometimes childhood is interrupted by crisis—feelings and situations too big for children, teens, and families to deal with on their own. Often children (especially teens) express their sadness, fear and anger through their behaviors and attitude. This “acting out” is especially challenging to caregivers. LifeStream’s therapists help children and their families through these stressful times. They provide the support, skills, and knowledge necessary to improve family relationships and reduce the painful impact of traumatic life events like abuse and neglect, divorce, or family violence. LifeStream provides services at schools, outpatient clinics, in homes, through telehealth and in the community through our many programs listed above.



Help a child find emotional healing through services such as: play therapy, parent-child relationship therapy, focused brief therapy, family therapy, and group therapy

\$100
a share

LAKE ACADEMY

Children with emotional and behavioral problems or disorders can require special schooling to overcome their academic and social difficulties. LAKE Academy (2 campuses) serves students who have been identified through the Lake County Schools - Exceptional Student Education Department as Emotionally and Behaviorally Disabled (EBD). A student with EBD exhibits one or more emotionally based characteristics of sufficient duration, frequency, and intensity that it interferes significantly with educational performance to the degree that special educational services is necessary. Our classrooms have a homeroom teacher and two mental health technicians with a typical class size of 11 students. These students receive individual and small group therapy weekly by on-site professionals as part of their Individual Education Plan services to prepare them for a successful return to their zone school. Psychiatric services are available at the school site as part of the EBD program.



Sponsor a student so they can perform in an environment where they can thrive from academics to everyday life skills. Sponsorship provides items such as: learning essentials, clothing, and hygiene items as needed



CHILDREN AND FAMILIES IN CRISIS

Child Welfare

FAMILY CARE MANAGEMENT

Family Intensive Therapy/Family Behavior Therapy Team

Whenever there is family instability, an increased risk for children is almost sure to follow. The loss of income, substance use, catastrophic illness, divorce, incarceration, etc., can cause disruptions in the quality of life for most families. The odds for tipping the scales out of balance for fragile and at-risk families are even greater. Family Care Management is a child safety service program that provides ongoing case management and oversight to our child welfare involved families. Our Family Care Managers play a tremendous role in ensuring the safety, permanency, and well-being of children receiving Protective Services through DCF.



Provide crisis care for children and their families as they rebuild their lives from a crisis that has left them vulnerable to child abuse, neglect and even family separation



FOSTER CARE AND ADOPTION

Children unable to live safely at home find security, guidance, and opportunity with LifeStream. Our priority is always their safety and well-being, and our case managers are passionate about building bridges to success for children in foster care. In some situations, children can never safely return home. Our Adoptions Care Managers work to help children achieve permanency in a forever home through their continued efforts within the Adoptions Unit. Our team works diligently to find the right family ready to provide the forever home they have been waiting for.



Your donation supports our work of providing quality services to hundreds of children and families each year while ensuring safe refuge for children who need a permanent place to call home



PSYCHIATRIC AND MEDICAL SERVICES

Counseling/Psychiatric Services

COUNSELING/MEDICATION CLINICS

Nearly everyone has some experience with mental illness. Whether seeking treatment for themselves or someone they love, we offer help and hope. We are here to support individuals and their families on their journey to recovery and wellness. Our team of physicians, advanced registered nurse practitioners, therapists and clinicians work together to provide the mental health services best suited to meet a person's specific needs and goals. Outpatient and Medication Clinics are located throughout Lake, Sumter, Citrus and Marion Counties.



\$85
Therapy Session

\$400
Psychiatric Evaluation

\$150
Medication Management

Help ensure that no individual or family is alone on their mental health journey

WELLNESS INTEGRATION NETWORK

WIN CLINIC - PRIMARY CARE SERVICES

Research shows that individuals who are seriously mentally ill die on average 25 years before the general population. Many mentally ill patients experience multiple health challenges concurrently, and may also lack access to necessary, continuous medical care. Integrated Care combines primary health care and mental health care in one setting. The WIN Clinic provides primary care services ranging from physicals to treating illness and injuries, such as colds and flu; infections; diabetes; high blood pressure; and health screenings to those over the age of 18.



Help individuals who have a mental illness live longer and healthier by having access to much needed medical care

\$50
a share

OPIOID CRISIS

Medication Assisted Treatment/Community Response Team

MEDICATION ASSISTED TREATMENT (MAT)

The opioid crisis is devastating families and communities. Those who are addicted to alcohol and/or opioids, such as painkillers and heroin are being affected even more during this pandemic. MAT services are led by Board Certified Addiction Medicine Physicians who provide medication assisted treatment and group, individual, and family therapy. MAT provides Vivitrol or Suboxone to chronic alcohol and opiate dependent persons and Narcan for opioid/opiate overdose reversals.



Help those who are struggling with opioid addiction and substance use disorders access to treatment they need to achieve recovery and healing

\$150
a share

RECOVERY RESPONSE TEAM

The recovery response team is a **24-hour** on-call program that deploys a team to address opioid and other substance misuse in the community. Counselors and Peers work closely with individuals identified by local hospital emergency rooms as recovering from an opiate induced overdose or as high utilizers of ER resources due to chronic substance abuse; and links them to appropriate internal and external services.



Support an individual who is striving to attain and sustain recovery and to live the quality of life they deserve without using substances



OTHER GIVING OPPORTUNITIES

We believe that every child deserves a happy childhood and with your help, we can keep creating them for our children. You may choose any of the options below to help our children.



Evaluation and treatment of a child
(individual/family therapy)



\$100
a share

\$200
a share



Emergency travel-pick up Foster
Children in other States

Sports Activities

Little League, Band, Prom, Soccer, etc



\$30
a share

\$20
a share



Christmas Gifts for
Children in Foster Care

Educational Impact

Provide a youth with school supplies



\$10
a share

\$5
a share



Basic Needs: diapers, wipes,
formula, clothing for infant/toddler

OTHER GIVING OPPORTUNITIES



Telehealth Services-growing and expanding counseling and therapy sessions to children, adults and families through the use of tablets and needed equipment.



\$
40
a share



PPE Supplies- Increasing personal protection equipment and supplies for staff to safely care for our consumers in our hospital, residential, foster care and homeless programs



\$
25
a share

LifeStream

Community Partners

Making a Difference in our Community!

Please take a moment to look at the businesses listed in our catalog who add extraordinary value to LifeStream and our community.

We invite you to join them and help us continue to
“Bring Hope to Life”

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- Consultant for health causes

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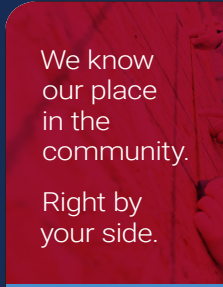


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LifeStream

Creating Hope, Supporting Recovery, Promoting Health

Help Us Bring Hope to Life

Your support is needed to help us ensure that those struggling with a mental health or substance use challenge can get the help they need.

Donate today, any amount is appreciated.

Select your gift items first, then make your payment through our secure website or return the enclosed order form with your check or credit card information mailed directly to LifeStream Foundation.

Thank you in advance for your support.

We promise to honor your generosity in the most effective way possible. Each item is representative of the gift category in which it appears. Donations will be used to provide assistance where it is most needed within that category. Your gift is tax deductible.

GIVING CATALOG ORDER FORM

Gift Item Category	Price	Quantity	Total
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SUICIDE PREVENTION

Access Centers	\$160 share		
Mobile Response Teams	\$80 share		

CRISIS CARE

Crisis Units/Inpatient Services	\$1,000 per day		
Detoxification (Detox) Services	\$500 per day		

ADDICTION/HUMAN TRAFFICKING

Our Turning Point Girls Ranch	\$125 share		
Adult Choice	\$100 share		

HOMELESS HOUSING/HOMELESS SERVICES

Anthony House	\$75 share		
The Open Door	\$20 share		

SEVERE & PERSISTENT MENTAL ILLNESS

AIMS Program	\$25 share		
Adult & Child Case Management	\$30 share		

CHILD BEHAVIORAL CHALLENGES

Children's Services	\$100 share		
LAKE Academy	\$25 share		

CHILDREN & FAMILIES IN CRISIS

Family Care Management	\$45 share		
Foster Care & Adoption	\$60 share		

PSYCHIATRIC & MEDICAL SERVICES

Therapy Sessions	\$85 visit		
Psychiatric Evaluation	\$400 visit		
Medication Management	\$150 visit		
Primary Care - WIN Clinic	\$50 share		

OPIOID CRISIS

Medication Assisted Treatment	\$150 share		
Recovery Response Team	\$90 share		

FRONT SUBTOTAL

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GIVING CATALOG ORDER FORM

Gift Item Category	Price	Quantity	Total
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OTHER GIVING OPPORTUNITIES			
Individual/Family Therapy	\$100 share		
Emergency Travel (Foster Care)	\$200 share		
Extra Cirricular Activities for Child	\$30 share		
Christmas Gifts for Foster Child	\$20 share		
Education - School Supplies	\$10 share		
Basic Need (Diapers, Wipes, etc)	\$5 share		
Telehealth Services	\$40 share		
PPE Supplies	\$25 share		
Most Critical Need	Any Amount		

BACK SUBTOTAL			
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FRONT SUBTOTAL			
BACK SUBTOTAL			
TOTAL			

METHOD OF PAYMENT

Check Enclosed
 Credit/Debit Card
 Website
 LifeStream's Giving Catalog can be viewed online at www.lsbc.net

 Card Number Expiration Date

 Donor Name (please print)

 Donor Mailing Address

 Donor Signature (required)

PLEASE USE THE ENCLOSED ENVELOPE TO MAIL THIS FORM TO:
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THANK YOU FOR YOUR GENEROSITY!



LifeStream is a not-for-profit organization that has been providing a full array of behavioral health services in the Central Florida area since 1971.

Located in Central Florida, LifeStream primarily serves the residents of Lake, Citrus and Sumter Counties, with additional programs located in Orange, Marion, Hernando and Hillsborough Counties.

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