

# **2021 Annual Giving Catalog** Celebrating 50 years of "Bringing Hope to Life"

# **Giving Catalog Guide**

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Last year, LifeStream provided services to over 30,000 children, adolescents, adults, and seniors who struggle with mental illness, emotional problems, substance misuse, and homelessness. It has been a year of change, challenge, and commitment. The COVID-19 pandemic has presented our community with an unmatched crisis and larger numbers of people are seeking services. These individuals are our family members, our neighbors, and friends. Our mission for over **50 years** has been to provide the most vulnerable population with the care and support they desperately need. They look to us with faces filled with hopes and dreams for a better life.

More than ever, we need your support. You can make an impact by joining our **community partners** listed in this catalog who have committed to helping those who are most vulnerable receive the care and support they need and deserve. Each gift in our catalog meets an urgent need in the communities we serve.

No matter the size of your gift, your generosity makes a difference in the lives of those facing life's most difficult challenges. You may direct your donation to be used wherever the need is greatest or to the program of your choosing.

Please browse through our catalog to see how you can make a difference and give the gift of **HOPE**.



Jonathan M. Cherry LifeStream President/CEO



Tracey Clement LifeStream Foundation President

# **SUICIDE PREVENTION**

#### Access to Care/Emergency Services/Mobile Response Teams

### **ACCESS CENTERS**

Access Centers located in Lake and Citrus Counties are open **24 hours a day, 7 days a week** to serve those who are experiencing suicidal crisis or emotional distress. Emergency evaluators are trained to conduct mental health and substance abuse evaluations and provide crisis intervention as necessary to address the individual's needs and/or provide connecting services.



prevent longer term hospitalization and stabilize acute psychiatric and substance abuse conditions for someone in need

### **MOBILE RESPONSE TEAMS**

For most parents, the idea of suicide is the worst possible outcome of a child's mental health or substance use crisis. LifeStream's Mobile Response Teams crisis counselors provide on-demand **24 hours a day**, **7 days a week** crisis intervention services in any setting in which a behavioral health crisis is occurring- including homes, schools and emergency departments for children, adolescents, and young adults up to age 25.

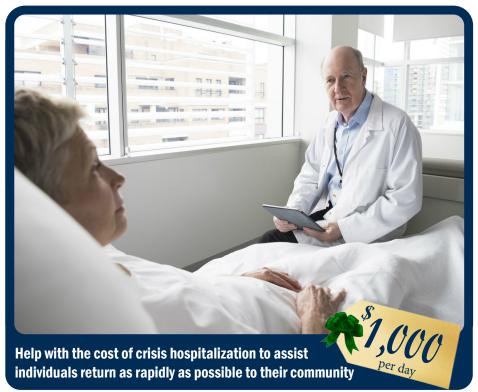


## **CRISIS CARE**

### Crisis Units/Detoxification (Detox)/Inpatient Services

## **CRISIS UNITS/INPATIENT SERVICES**

Sometimes individuals struggling with acute mental illness may require a brief hospital stay before they can go back to their daily routines. Our hospital is a safe place that provides crisis stabilization services for adults, seniors, adolescents, and children. Physicians examine and determine appropriate treatment for each individual while hospitalized.



### **DETOXIFICATION (DETOX) SERVICES**

Drug and alcohol misuse, abuse, or addiction can devastate a life. Medical detox support and assistance through acute life-threatening withdrawal from alcohol and opioids/heroin use is an essential part of the recovery process. Psychiatric and nursing care, medication and monitoring of detoxification symptoms enables individuals to safely withdraw from addictive substances.



Help with the cost of detoxification and assist someone in their recovery process

# **ADDICTION/HUMAN TRAFFICKING**

#### Youth & Adult Residential Services

## **OUR TURNING POINT RANCH**

Runaway and homeless youth, victims of domestic violence, sexual assault, conflict, or social discrimination are frequently targeted by human traffickers. Our Turning Point Ranch is a therapeutic group home for girls who exhibit distinct emotional and behavioral challenges. Girls are referred by DCF and Community-Based Care Agencies. Staff are trained to address inappropriate behaviors with constructive interventions that demonstrate understanding, sensitivity, and nurturance in a safe, secure place in which the girls can heal and grow. The girls are embraced by a circle of love and caring in a house that feels like a home with the goal of successful and safe integration back into the community.



### **ADULT CHOICE**

Substance abuse and drug addiction are complex issues. While some people might be able to break a cycle of addiction on their own, others fare much better in a structured residential treatment program. Adult Choice provides that structure along with counseling. We provide individuals with skills and health coping strategies to transition from a life in active addiction to a healthy, vibrant life in recovery.



# HOMELESS HOUSING/HOMELESS SERVICES

#### **Residential & Drop-In**

### **ANTHONY HOUSE**

Homeless pregnant and post-partum women and their children who are motivated to make positive changes in their lives come to Anthony House where they receive safe, stable living arrangements with comprehensive treatment for alcohol/drug use and mental illness. Anthony House provides an environment that fosters independence and helps residents gain the life skills needed to prevent future homelessness. We believe that home is where the heart is and strive to provide a home where our resident's hearts can heal and grow.



a share

Sponsor a mother & her children as she builds a life free from addiction & homelessness for herself & her children

### THE OPEN DOOR

The Open Door is a homeless drop-in center for individuals and families who are homeless, or at risk of becoming homeless. Homeless individuals visiting the center have access to showers and laundry facilities, mailing address/phone access, food and beverages; assistance with obtaining benefits; community resources and referrals to other agencies and on-site support services.



Help us continue to provide vital services to those without homes as we help them get back on their feet and find a pathway to end homelessness

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# **SEVERE & PERSISTENT MENTAL ILLNESS**

#### **Rehabilitative Services**

### **AIMS PROGRAM**

Achievement, Independence & Mastery Skills (AIMS) is a place where those with severe mental illness can come five days a week. The program is designed to improve the quality of life for severely mentally ill persons over the age of 18. Consumers learn skills needed for independent living, such as medication management, pre-employment, health maintenance, social skills and use of community resources. Members also share experiences, strengths, and hope with each other.



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Provide assistance for those who suffer from severe mental illness and depend on this program to help them maintain independent living in their community

### **ADULT & CHILD CASE MANAGEMENT**

LifeStream provides mental health case management to children and adults who are experiencing behavioral, emotional, and mental health difficulties. Our focus is to assist adults, children, and families who encounter mental health and behavioral challenges, by providing in-home services to assure that every individual's needs are addressed. Case management is one of the major types of community aftercare that is used to provide ongoing management of chronic or recurring illness.



who are in trouble and need intense in-home services to maintain their stability in the community and prevent future hospitalizations

# **CHILD BEHAVIOR CHALLENGES**

"Every child deserves to be happy!"

### **CHILDREN'S SERVICES**

#### Community Action Team/Children's Clinical Outpatient Turnabout/Potentials/Youth and Family Recovery/Juvenile-TASC

Sometimes childhood is interrupted by crisis—feelings and situations too big for children, teens, and families to deal with on their own. Often children (especially teens) express their sadness, fear and anger through their behaviors and attitude. This "acting out" is especially challenging to caregivers. LifeStream's therapists help children and their families through these stressful times. They provide the support, skills, and knowledge necessary to improve family relationships and reduce the painful impact of traumatic life events like abuse and neglect, divorce, or family violence. LifeStream provides services at schools, outpatient clinics, in homes, through telehealth and in the community through our many programs listed above.



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Help a child find emotional healing through services such as: play therapy, parent-child relationship therapy, focused brief therapy, family therapy, and group therapy

# YOUTH RECOVERY CARE CENTER (YRCC)

The LifeStream Youth and Recovery Care Center (YRCC) provides integrated treatment for co-occurring disorders which includes short term residential and outpatient treatment for youth ages 12-17 and their families. The goal of the program is to support youth and families by providing comprehensive services that are person-centered, and culturally, linguistically, and age-appropriate, addressing the needs of each youth and their whole family. The YRCC program is anchored in the community and improves accessibility of substance use prevention, treatment, and recovery maintenance services.



Help our youth receive the specialized treatment they need to address their addiction and mental health needs, in a supportive environment that will allow for recovery and healing for the whole family

# **CHILDREN AND FAMILIES IN CRISIS**

#### **Child Welfare**

### FAMILY CARE MANAGEMENT

#### Family Intensive Therapy/Family Behavior Therapy Team

Whenever there is family instability, an increased risk for children is almost sure to follow. The loss of income, substance use, catastrophic illness, divorce, incarceration, etc., can cause disruptions in the quality of life for most families. The odds for tipping the scales out of balance for fragile and at-risk families are even greater. Family Care Management is a child safety service program that provides ongoing case management and oversight to our child welfare involved families. Our Family Care Managers play a tremendous role in ensuring the safety, permanency, and well-being of children receiving Protective Services through DCF.



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Provide crisis care for children and their families as they rebuild their lives from a crisis that has left them vulnerable to child abuse, neglect and even family separation

# **FOSTER CARE AND ADOPTION**

Children unable to live safely at home find security, guidance, and opportunity with LifeStream. Our priority is always their safety and wellbeing, and our case managers are passionate about building bridges to success for children in foster care. In some situations, children can never safely return home. Our Adoptions Care Managers work to help children achieve permanency in a forever home through their continued efforts within the Adoptions Unit. Our team works diligently to find the right family ready to provide the forever home they have been waiting for.



Your donation supports our work of providing quality services to hundreds of children and families each year while ensuring safe refuge for children who need a permanent place to call home

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# **PSYCHIATRIC AND MEDICAL SERVICES**

#### **Counseling/Psychiatric Services**

# **COUNSELING/MEDICATION CLINICS**

Nearly everyone has some experience with mental illness. Whether seeking treatment for themselves or someone they love, we offer help and hope. We are here to support individuals and their families on their journey to recovery and wellness. Our team of physicians, advanced registered nurse practitioners, therapists and clinicians work together to provide the mental health services best suited to meet a person's specific needs and goals. Outpatient and medication clinics are located throughout Lake, Sumter, Citrus, Orange and Marion counties



Help ensure that no individual or family is alone on their mental health journey

### WELLNESS INTEGRATION NETWORK

#### WIN CLINIC - PRIMARY CARE SERVICES

Research shows that individuals who are seriously mentally ill die on average 25 years before the general population. Many mentally ill patients experience multiple health challenges concurrently, and may also lack access to necessary, continuous medical care. Integrated Care combines primary health care and mental health care in one setting. The WIN Clinic provides primary care services ranging from physicals to treating illness and injuries, such as colds and flu; infections; diabetes; high blood pressure; and health screenings to those over the age of 18.



and healthier by having access to much needed medical care



# **OPIOID CRISIS**

#### Medication Assisted Treatment/Community Response Team

# **MEDICATION ASSISTED TREATMENT (MAT)**

The opioid crisis is devasting families and communities. Those who are addicted to alcohol and/or opioids, such as painkillers and heroin are being affected even more during this pandemic. MAT services are led by Board Certified Addiction Medicine Physicians who provide medication assisted treatment and group, individual, and family therapy. MAT provides Vivitrol or Suboxone to chronic alcohol and opiate dependent persons and Narcan for opioid/opiate overdose reversals.



Help those who are struggling with opioid addiction and substance use disorders access to treatment they need to achieve recovery and healing

### **RECOVERY RESPONSE TEAM**

The recovery response team is a **24-hour** on-call program that deploys a team to address opioid and other substance misuse in the community. Counselors and Peers work closely with individuals identified by local hospital emergency rooms as recovering from an opiate induced overdose or as high utilizers of Emergency Room resources due to chronic substance abuse, and links them to appropriate internal and external services.



Support an individual who is striving to attain and sustain recovery and to live the quality of life they deserve without using substances

# **OTHER GIVING OPPORTUNITIES**

We believe that every child deserves a happy childhood and with your help, we can keep creating them for our children. You may choose any of the options below to help our children.



Evaluation and treatment of a child (individual/family therapy)



Emergency travel-pick up Foster Children in other States

Sports Activities Little League, Band, Prom, Soccer, etc



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Christmas Gifts for Children in Foster Care

Educational Impact Provide a youth with school supplies

Basic Needs: diapers, wipes formula, clothing for infant/toddler



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### **OTHER GIVING OPPORTUNITIES**



Telehealth Services-growing and expanding counseling and therapy sessions to children, adults and families through the use of tablets and needed equipment

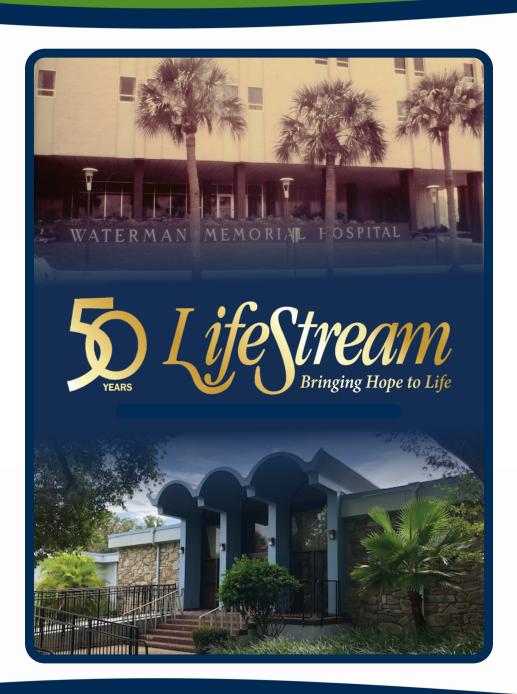
PPE Supplies- Increasing personal protection equipment and supplies for staff to safely care for our consumers in our hospital, residential, foster care and homeless programs



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a share



LifeStream

In 1969, LifeStream began as a component of Waterman Memorial Hospital in Eustis, Florida, providing community-based care as an alternative to institutionalization. On **March 12, 1971**, LifeStream became a separate nonprofit organization, originally founded as Lake/Sumter Community Mental Health Center; with 18 inpatient beds and two outpatient clinics in Lake and Sumter Counties.

Since its founding, LifeStream has expanded to multiple facilities with over 50 programs, over 1,000 staff and serves over 30,000 individuals a year, totaling over 420,000 care visits annually. LifeStream proudly provides services in Lake, Sumter, Citrus, Hernando, Marion, Orange, and Hillsborough Counties. As a leader in behavioral healthcare, LifeStream offers a multi-disciplinary approach helping individuals reclaim their lives and take the first step towards hope. Our integrated health system provides behavioral health, substance use, primary care, and social services.

**Thank you**, the many friends of LifeStream who have supported us over the years. Without you, the most vulnerable of our loved ones and neighbors would not receive the help they need. We deeply appreciate all that you do to help us live up to our mission. *"LifeStream, Where Hope Comes to Life"* 





# Making a Difference in our Community!

Please take a moment to look at the businesses listed in our catalog who add extraordinary value to LifeStream and our community.

We invite you to join them and help us continue to

## "Bring Hope to Life"

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Mark Tiralosi, LUTCF President Registered Representative

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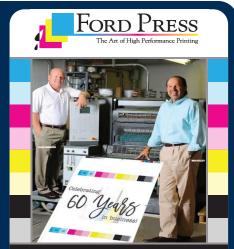
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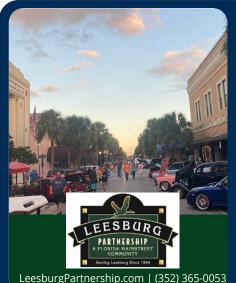


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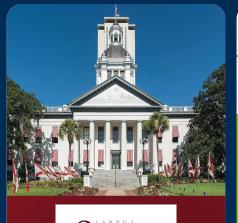


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- Umbrella for a dozen nonprofits that focus on maternal and infant health, children's safety, HIV/AIDS and cancer
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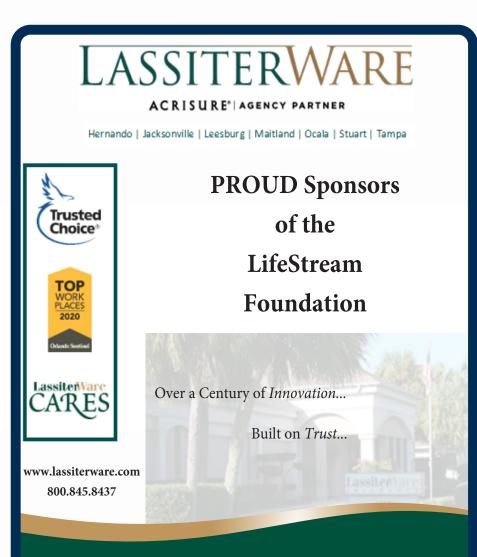


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Creating Hope, Supporting Recovery, Promoting Health Help Us Bring Hope to Life

Your support is needed to ensure that those struggling with their mental health can get the help they need. Donate today, any amount is appreciated.

Select your gift items first, then make your payment through our website or the enclosed order form with your check or credit card information mailed directly to LifeStream Foundation.

We take seriously the trust you place in us with your gift. We promise to honor your generosity in the most effective way possible. Each item is representative of the gift category in which it appears and donations will be used to provide assistance where it is most needed within that category. Your gift is tax deductible.

### Giving is the Foundation of Change

LifeStream is a non-profit organization that has been providing a full array of behavioral health services in the Central Florida area since 1971.

Located in Central Florida, LifeStream primarily serves the residents of Lake, Citrus and Sumter Counties, with additional programs located in Orange, Marion, Hernando and Hillsborough Counties.



A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION FOR LIFESTREAM BEHAVIORAL CENTER FOUNDATION, A FLORIDA-BASED NONPROFIT CORPORATION (REGISTRATION NO. CH13072), MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE 1-800-HELP-FLA (435-7352) WITHIN THE STATE OR OUTSIDE THE STATE 1-850-410-4300.

REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.

# **GIVING CATALOG ORDER FORM**

| Gift Item Category    | Price       | Quantity | Total |
|-----------------------|-------------|----------|-------|
| SUICIDE PREVENTION    |             |          |       |
| Access Centers        | \$160 share |          |       |
| Mobile Response Teams | \$80 share  |          |       |

| CRISIS CARE                     |                 |  |  |
|---------------------------------|-----------------|--|--|
| Crisis Units/Inpatient Services | \$1,000 per day |  |  |
| Detoxification (Detox) Services | \$500 per day   |  |  |

| ADDICTION/HUMAN TRAFFICKING           |  |  |  |  |
|---------------------------------------|--|--|--|--|
| Our Turning Point Ranch 1 \$125 share |  |  |  |  |
| Adult Choice \$100 share              |  |  |  |  |

| HOMELESS HOUSING/HOMELESS SERVICES |  |  |  |  |
|------------------------------------|--|--|--|--|
| Anthony House \$75 share           |  |  |  |  |
| The Open Door \$20 share           |  |  |  |  |

| SEVERE & PERSISTENT MENTAL ILLNESS |            |  |  |
|------------------------------------|------------|--|--|
| AIMS Program \$25 share            |            |  |  |
| Adult & Child Case Management      | \$30 share |  |  |

| CHILD BEHAVIORAL CHALLENGES     |             |  |  |
|---------------------------------|-------------|--|--|
| Children's Services \$100 share |             |  |  |
| Youth Recovery Care Center      | \$130 share |  |  |

| CHILDREN & FAMILES IN CRISIS      |            |  |  |
|-----------------------------------|------------|--|--|
| Family Care Management \$45 share |            |  |  |
| Foster Care & Adoption            | \$60 share |  |  |

| PSYCHIATRIC & MEDICAL SERVICES |             |  |  |
|--------------------------------|-------------|--|--|
| Therapy Sessions               | \$85 visit  |  |  |
| Psychiatric Evaluation         | \$400 visit |  |  |
| Medication Management          | \$150 visit |  |  |
| Primary Care - WIN Clinic      | \$50 share  |  |  |

| OPIOID CRISIS                 |             |  |  |
|-------------------------------|-------------|--|--|
| Medication Assisted Treatment | \$150 share |  |  |
| Recovery Response Team        | \$90 share  |  |  |

| FRONT SUBTOTAL |  |  |
|----------------|--|--|
| TROMT SUBTURE  |  |  |

# **GIVING CATALOG ORDER FORM**

| Gift Item Category                    | Price                      | Quantity | Total |  |  |
|---------------------------------------|----------------------------|----------|-------|--|--|
| OTHER G                               | OTHER GIVING OPPORTUNITIES |          |       |  |  |
| Individual/Family Therapy             | \$100 share                |          |       |  |  |
| Emergency Travel (Foster Care)        | \$200 share                |          |       |  |  |
| Extra Curricular Activities for Child | \$30 share                 |          |       |  |  |
| Christmas Gifts for Foster Child      | \$20 share                 |          |       |  |  |
| Education - School Supplies           | \$10 share                 |          |       |  |  |
| Basic Need (Diapers, Wipes, etc)      | \$5 share                  |          |       |  |  |
| Telehealth Services                   | \$40 share                 |          |       |  |  |
| PPE Supplies                          | \$25 share                 |          |       |  |  |
| Most Critical Need                    | Any Amount                 |          |       |  |  |

BACK SUBTOTAL

| FRONT SUBTOTAL |  |  |
|----------------|--|--|
| BACK SUBTOTAL  |  |  |
| TOTAL          |  |  |

### **METHOD OF PAYMENT**

Check Enclosed Credit/Debit Card Website LifeStream's Giving Catalog can be viewed online at www.lsbc.net

| Card Number | Expiration Date | CVC |
|-------------|-----------------|-----|

Donor Name (please print)

**Donor Mailing Address** 

Donor Signature (required)

PLEASE USE THE ENCLOSED ENVELOPE TO MAIL THIS FORM TO: LifeStream Foundation ~ PO Box 491000 ~ Leesburg, FL 34749

## **THANK YOU FOR YOUR GENEROSITY!**